

Local School Wellness Policy: Triennial Assessment Template

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years per United States Department of Agriculture (USDA) regulations; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment, as well as the current wellness policy, must be made available to the public. How these documents are shared publicly is the decision of the LEA. Many LEAs choose to post the results on their district website. Sponsors may use this template to organize the assessment conducted and make it available to the public.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. State agencies will assess compliance with the wellness policy requirements as a part of the General Areas of the Administrative Review every three years. Keep a copy of the results on file for at least three full school years plus the current year.

Section 1: General Information

School(s) included in the assessment: Taylor Community School Corporation

Month and year of current assessment: March 2023

Date of last wellness policy revision: April 2022

Website address for the wellness policy and/or information on how the public can access a copy: www.taylor.k12.in.us

Section 2. Compliance with the Wellness Policy and Progress Towards Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion
 - ✓ Nutrition education
 - Physical activity
 - ☑ Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages *sold* to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, *but not sold*, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the school is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal		
Wellness Coordinator: Has identified at least one person as responsible for facilitating the wellness policy upkeep Name person responsible for facilitating the upkeep: Paula Bolin		· · · · · ·			
Describe progress and next steps: We will continue to assess and revise our policy as needed.					

11

School Wellness Policies are to	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Include:			****
Stakeholder Participation : Allow parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, evaluation and update of the wellness policy			
Describe progress and next steps: We will strive to make a better effort to	include the stud	ent body.	3

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
USDA Requirements for School Meals: Has assured school meals meet the USDA requirements	\checkmark		
Describe progress and next steps: We will research more USDA recipes to be abl	e to offer a wider v	ariety of healthy choices to ou	ır student.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for all foods and beverages sold: Has set nutritional guidelines for foods and beverages sold on the school campus during the school day			

Describe progress and next steps: ' We have made great strides with our PTO and club leaders. We will continue to communicate the importance of healthy choices.

.

	-	4	
School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for non-sold foods and beverages: Has set nutritional guidelines for foods and beverages not sold but made available on the school campus during the school day			7 <u> </u>
Describe progress and next steps:			2 292 292

1

We continue to struggle with classroom rewards. However we will continue to give suggestions on better options.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Food & Beverage Marketing: Allow marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks)			
Describe progress and next steps: We have one machine that still displays Coke over.	products. That mac	hine does not come on until a	fter the school day is

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Education: Has at least 2 goals for nutrition education List goals: 1. FACS class returned to cirriculum 2. Enhance school garden		V	
Describe progress and next steps:	۰ ۲	a alla saass	*

We are expanding the size of our school garden. Administration is working to overcome the hurdles they face to return FACS class to our cirriculum.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Promotion : Has at least 2 goals for nutrition promotion		, V	
List goals: Begin a Tasting Tuesday once a month 1.	u.		Υ.
Encourage more students to take part in the school 2, garden.			*

things.We will work to get more students involved in the student garden.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Physical Activity : Has at least 2 goals for physical activity			
List goals: 1. Indoor recess activities 1. Durin Preside			
2. Brain Breaks Describe progress and next steps:			

We will encourage teachers to have indoor activities planned when outdoor recess is not possible. Teachers will use Brain Breaks in their classrooms to break up periods of inactivity.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal		
Other Activities : Has at least 2 goals for Other School-Based Activities that promote student wellness					
List goals: School facilities more assessible to the public 1.					
2.		· · · · · · · · · · · ·			
Describe progress and next steps: We will work to have our school facilities more assessible to the public.					

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
 Evaluation: Every three years LEA has evaluated the wellness policy with an evaluation tool and has notified the public of the results. The assessment will determine: to what extent the LEA is in compliance with the school wellness policy the extent to which the local wellness policy compares to model school wellness policies the progress made in attaining the goals of the school wellness policy Name person responsible for monitoring the policy: Paula Bolin, Food Service Director 			

Describe progress and next steps: As a committee we will continue to work to ensure progress in our school wellness policy and make changes as needed.

••

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Communication : Annually inform and update parents, students, staff, and the community about the content and implementation of the wellness policy and provide a way for additional stakeholders to be able to participate			
	i i		

Describe progress and next steps:

1

The wellness policy has been posted on our school website. We will send out a robo call to all of our student household at the beginning of the year to remind them where they can assess the policy.

1

7

1

Include any additional notes, if necessary:

Section 3. Comparison to Model School Wellness Policies

Indicate model policy language used for comparison. Model policies may be found here.

Alliance for a Healthier Generation: Model Policy

Upgrade Sample Language Other (please specify): Indiana Model Wellness Policy

Describe how the school wellness policy compares to model wellness policies.